



Northeast Georgia PHYSICIANS GROUP

LOCATIONS

Bethlehem

426 Exchange Blvd, Suite
600, Bethlehem, GA 30620

Braselton

1404 River Place, Braselton,
GA 30517

Dacula

852 Dacula Road, Dacula,
GA 30019

Dawsonville

108 Prominence Ct., Suite
200, Dawsonville, GA 30534

Gainesville

1315 Jesse Jewell Pkwy SE,
Gainesville, GA 30501

Jefferson

1689 Old Pendergrass Rd.,
Suite 340, Jefferson, GA
30549

Have any
questions about
our services,
locations or
providers?

Contact Us:

770-848-6190

or visit

www.ngpg.org/ortho

SPORTS MEDICINE NEWSLETTER

Dear Brenau Coaches, Administration, Faculty and Staff, Athletes and Families,

We are delighted to unveil a newsletter that will keep you informed about the Sports Medicine services being provided to your athletes and community. Our mission of "Improving the health of our Community in all we do" is something we strive to achieve every day and our team of physicians and athletic trainers are available to assist you in any way possible.

We will highlight important information to help you in the prevention of injuries, keep you informed of important dates, and introduce you to individuals within NGPG that can help assist you with life's difficult situations.

We hope this newsletter can be a help to you and we thank you for allowing us to be a part of your community.

Sincerely,

Chris Dearwent

Chris Dearwent, MS, ATC
Northeast Georgia Physicians Group
Orthopedic Surgery and Sports Medicine
Director of Athletic Training

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For More information or to request an appointment, call: 770-848-6190



Orthopedics and Sports Medicine

Staying active is important to good health and adds to your quality of life, but activity also increases your risk of injury. Sports Medicine is a medical specialty focused on injury prevention, athletic performance enhancement and treatment of sport-related injury.

One of our favorite community activities is serving local teams and athletic groups, where we act as team physicians and athletic trainers.

In the case of a serious sports-related injury, our athletic trainers and team doctors are able to take your care to the next level. NGPG Orthopedic Surgery & Sports Medicine provides expert care for children and adults with problems ranging from broken bones, sprains and tears to degenerated or failing joints.

We get to know you, your activity levels, your aches and pains and more about your specific orthopedic injury, limited movement or pain. Working together, we'll devise a treatment plan specific to your situation to reduce or completely eliminate pain and help you get back in the game. NGPG Orthopedic Surgery and Sports Medicine offers same-day appointments and services including:

- Care for sprains & strains
- Fracture care options including splinting, casting and surgery
- Osteoarthritis care
- Joint injections
- Worker's Compensation and employee health exams
- Osteopathic manipulation
- PRP and prolotherapy injections
- ACL reconstruction
- Rotator cuff repair
- Carpal tunnel
- Achilles tendon repair
- Ligament and muscle surgery
- Joint replacement
- Concussion management



Contact

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Meet Your Athletic Trainer



With more than 25 years experience as an athletic trainer, Mike is the head athletic trainer for Brenau University. He is also a certified strength and condition specialist and an emergency medical technician. He is certified in CPR and First-Aid through the American Heart Association.

Consider—when an athlete is injured on the field, **an athletic trainer is the first responder** assessing injuries and saving families money by eliminating unnecessary emergency room or physician visits. Immediate care for such injuries, including concussion and heat related illnesses, can reduce short and long-term pain and quality of life issues.

With the recent explosion of school sports and the increase in student participation, both for schools and other athletic organizations, on-site healthcare providers have never been more important. Every athletic organization should have athletic trainers as an integral part of its sports safety program, yet only 42% of the nation's high schools have an athletic trainer. **We want to be sure an athletic trainer is a part of your team.**

Rounding out an athletic organization's healthcare team, our athletic trainers work with one of NGPG's licensed orthopedic or sports medicine physicians in connection with athletic directors, administrators, coaches and families. Our athletic trainers are at the schools each day, on the field at the games and assisting at practices where we are honored to be part of the team. Our athletic trainers can:

- Manage emergency medical situations—when other healthcare providers are not available
- Work with athletes to prepare for competitions and practices
- Develop and implement action plans for emergency situations
- Inspect the safety of equipment and playing conditions
- Assist with conditioning and injury prevention exercises and programs
- Implement treatment and rehabilitation programs for injured athletes
- Determine when athletes are ready to play
- Act as the first responder when acute or catastrophic injuries occur

Mark Hazel, MD

Dr. Hazel received his medical degree from Louisiana State University and completed his Orthopedic Surgery residency at Texas Tech University Health System in Lubbock, Texas. He is a board certified orthopedic surgeon with a sub-specialty certification in sports medicine and more than 18 years of orthopedic and sports medicine experience in Texas, North Carolina and, most recently, Murfreesboro Medical Clinic and SurgiCenter in Murfreesboro, Tenn. Over the years, Dr. Hazel has enjoyed the privilege of serving as team physician for a multitude of high schools, colleges and athletic associations.

“I spent years coaching sports for my four sons, and, now that they are all off at school, I am excited about the opportunity to serve more teams and athletic programs through my work with NGPG,” says Dr. Hazel. “I’m also an avid outdoorsman, so I look forward to exploring all that North Georgia has to offer.”



Practice Locations

Dawsonville

NGPG Orthopedic Surgery & Sports Medicine

108 Prominence Ct., Suite 200
Dawsonville, GA 30534

Phone: 770-848-6190

Gainesville

NGPG Orthopedic Surgery & Sports Medicine

1315 Jesse Jewell Pkwy SE
Gainesville, GA 30501

Phone: 770-848-6190

Specialties

Orthopedics and Sports Medicine

Medical degree

Doctor of Medicine

Medical education

Louisiana State University

Residency

Texas Tech University Health System

Certifications

Board Certified Orthopedic Surgeon
Sub-specialty Certification in Sports Medicine



NGPG Orthopedic Surgery & Sports Medicine in Gainesville offers services including, but not limited to:

- Joint Replacements
- Joint Injections
- Occupational Medicine
- Athletic Training Program
- Physicals
- HUE (Hand and Upper Extremity)
- Care for Sprains & Strains
- Customized Orthotics
- Simple Fracture Care
- Osteoarthritis Care

Orthopedic Specialists

Our orthopedic doctors are committed to offering the best care to adolescents and adults experiencing injury or chronic pain. We use the most advanced orthopedic technology and treatments to help our patients get back on their feet. We also offer a team dedicated to work place injuries and preventative care. Learn more about [occupational medicine](#) at NGPG.

Sports Medicine

Our sports medicine team offers a variety of services for sports related injuries including concussion management, [ACL reconstruction](#), joint injections and more. The practice's sports medicine fellowship trained physicians are also on the sidelines during local high school games providing care for athletes. As an affiliate of Northeast Georgia Health System, NGPG Orthopedic Surgery & Sports Medicine has access to a full range of complementary services, including imaging and laboratory services.

Hours:

Monday – Friday
8:30 a.m. – 5 p.m.

Saturday morning injury clinics during football season