



# MAY 3RD

# ADULTING 102

## Financial Stress Guidance & Advice

The Brenau Wellness Committee & the Staff Development Committee would like to invite all faculty & staff to join us for a couple of workshops regarding personal finances. This Thursday, May 3<sup>rd</sup>, Brenau's Dr. Arun Narayanasamy & Dr. Humnath Panta from the College of Business and Mass Communication will offer guidance on the following topics:

- Retirement Planning
- Investing
- Consumer Credit
- Purchasing Strategies



Join us 5/3 from  
12:30 – 1:30pm  
at  
Thurmond McRae

Stress Goodie  
Bags

Cookies

Attend Both  
events & enter a  
Drawing for a \$50  
Amazon Gift Card

Sponsored by  
Brenau's  
Wellness  
Committee & SDC

Guest Speakers

Dr. Arun Narayanasamy  
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Dr. Humnath Panta  
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