

Gentle Chair Yoga

ALL LEVELS WELCOME!

Join us Mondays from 5:30-6 p.m.
Brenau Downtown Center Room 152
301 Main St. SW Gainesville, GA 30501

\$10 A MONTH • NO CONTRACT

Includes access to LEWC gym and wellness classes



**BRENAU LIFE ENRICHMENT
& WELLNESS COOPERATIVE**

Where community and wellness come together.

For more info: brenauwellness@brenau.edu or 678.971.1845