



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GROWING STRONG TOGETHER

## MULE CAMP MARKET 5K

Presented by the GEORGIA MOUNTAINS YMCA



SPONSORED BY:



**Saturday, October 10th @ 8:30am**

- Family Fun event featuring a 5K (\$25-\$30), 1-Mile Fun Run (\$10), Half Mile Run (\$5), Bounce House and more
- New route starting in downtown Gainesville, going over the Gainesville bridge and new greenway
- 5K Prizes awarded in all age groups
- Proceeds from this event will help the GEORGIA MOUNTAINS YMCA provide swim lessons to underserved individuals and families in our community

**THE Y. WE'RE MORE THAN A GYM. WE'RE A CAUSE.**

**Registration form on reverse side**

For more information, or to register online, please visit:  
[gamountainsymca.org/mulecamp5k](http://gamountainsymca.org/mulecamp5k) or [runnersfit.com/mulecampmarket5k](http://runnersfit.com/mulecampmarket5k)

GEORGIA MOUNTAINS YMCA • 2455 Howard Rd. • Gainesville, GA 30501 • P 770.297.9622 • F 678.207.0167



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Saturday, October 10th @ 8:30am

First Name	M.I.	Last Name
Address	City	State
Home Phone	Cell Phone	Email
Date of Birth	Gender: M / F	Shirt Size: (circle one) YS YM YL AS AM AL AXL AXXL

Age (as of 10/10/2015): \_\_\_\_\_

Race Age Division: (circle one)	10 and Under	11-14	15-19	20-24	25-29	30-34	35-39
	40-44	45-49	50-54	55-59	60-64	65-69	70 and Up

**Registration Fees:**

5K	<input type="checkbox"/> Before 9/30 - \$25	<input type="checkbox"/> On or After 10/1 - \$30
1-Mile Fun Run	<input type="checkbox"/> \$10	
Half Mile Run	<input type="checkbox"/> \$5	

**5K Awards:**

Awards will be given to the top male/female overall winners, and the top three male/female finishers in each age group in the 5K run. Other prizes and awards will also be given at the completion of the event.

**TOGETHER, WE CAN DO SO MUCH MORE.**

At the YMCA, our members and friends call us THEIR Y. We call them OUR greatest resource—the thousands of people who work alongside us and support our work to help our neighbors learn, grow and thrive.

What if we could harness all of that power to make an even greater difference on a bigger scale?

With programs from A to Z—like athletics to advocacy, soccer to social responsibility, water fitness to women’s wellness support—we don’t just strengthen individuals, we strengthen our community.

**Yet there is so much more to do.**

Drowning is the second leading cause of unintentional death in children ages 1 to 14. It takes just one inch of water and 10 seconds to claim another life. As a national leader in water safety and aquatics instruction, we ensure that everyone, regardless of age, income or background, has access to the essentials needed to learn, grow and thrive. We understand that knowing how to swim is not only a fun, recreational activity, but that it is also a life-saving skill that provides confidence. Proceeds from this event will help the GEORGIA MOUNTAINS YMCA provide swim lessons to underserved individuals and families in our community.

**Every gift makes a difference.**

**Everyone has a role to play.**

**Together, we can achieve so much more.**

For more information, please contact Member Services at 770-297-9622, or Angie Beccue at [angie@gamountainsymca.org](mailto:angie@gamountainsymca.org)